





NN/LM MAR Consumer Health New Member Webinar

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NN/LM Middle Atlantic Region

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National Library of Medicine



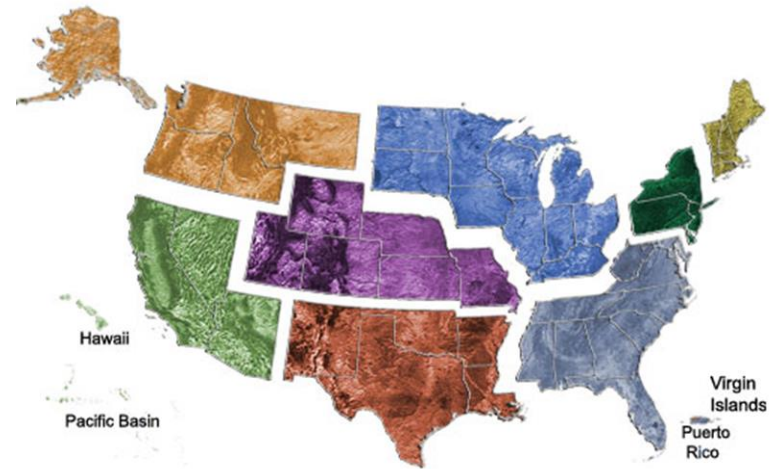
The National Library of Medicine (NLM), on the campus of the National Institutes of Health in Bethesda, Maryland, has been a center of information innovation since its founding in 1836. The world's largest biomedical library, NLM maintains and makes available a vast print collection and produces electronic information resources on a wide range of topics that are searched billions of times each year by millions of people around the globe.

In addition, the Library coordinates a 6,000-member National Network of Libraries of Medicine that promotes and provides access to health information in communities across the United States.

[URL](https://www.nlm.nih.gov/) for NLM

National Network of Libraries of Medicine (NN/LM)

- Nationwide program coordinated by NLM
- Core component of NLM's outreach program
- Established in the Medical Library Assistance Act (1965)
 - Formerly Regional Medical Library Program
- 8 Regional Offices
 - **NN/LM Middle Atlantic Region (NN/LM MAR)**
 - 5-year competitive contracts
- Mission: Advance the progress of medicine and improve the public's health.....

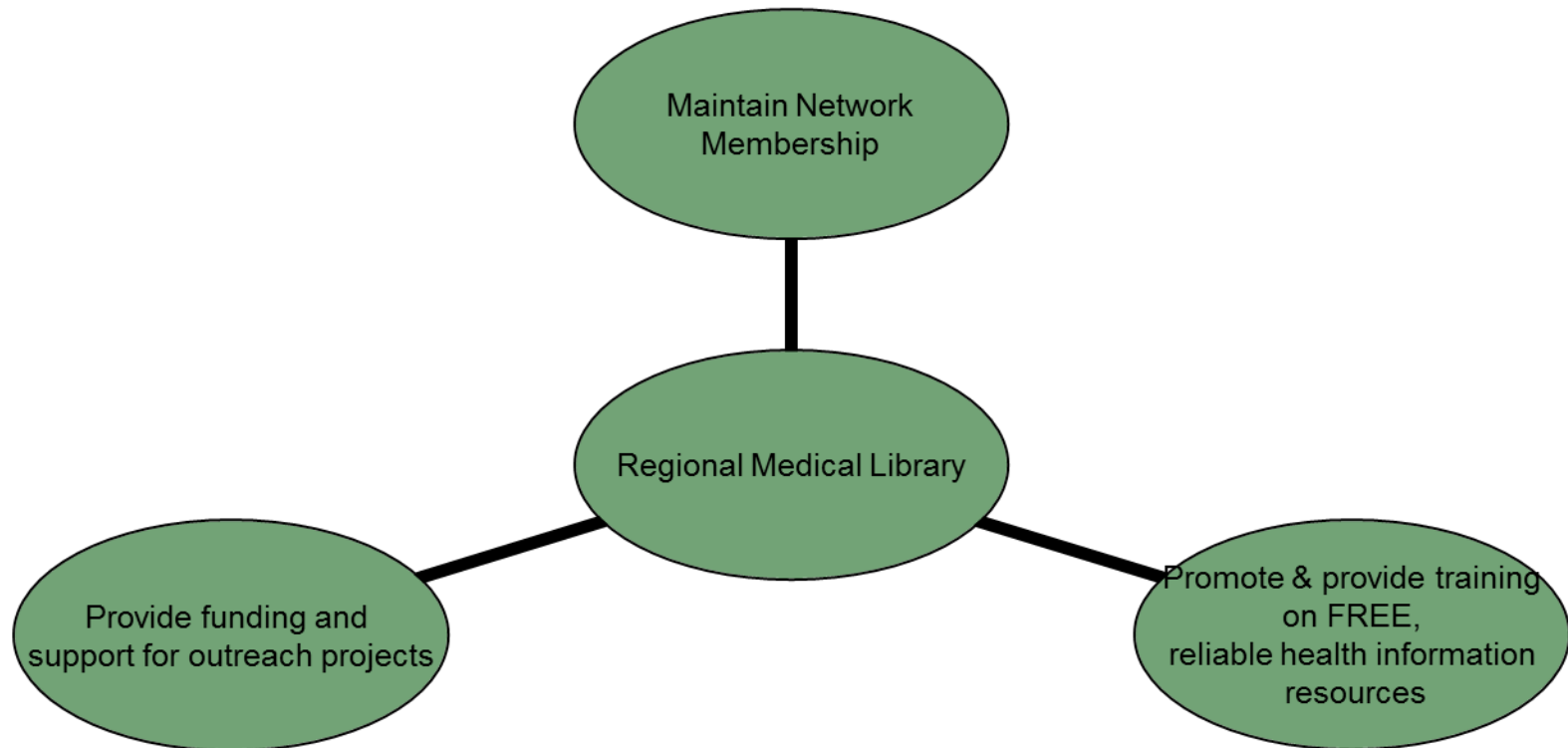


Provide US health professionals with equal access to biomedical information

Improve public's access to information so they can make informed decisions about their health



Role of the Regional Medical Library



Benefits of Membership

Training and Educational Opportunities

Networking Opportunities

Funding Opportunities

[URL](#) for MAR Training Opportunities

[URL](#) for MAR Course Descriptions

[URL](#) for MAR Funding

NN/LM MAR Priority Groups for Consumer Health Outreach

Community
Based
Organizations

Faith Based
Organizations

Soldiers,
Veterans and
their Families

Seniors

Public
Libraries

K-12 Schools

Caregivers

Minority and
Underserved
Populations

Multilingual
Populations

NLM Provides Access to Health Information You Can Trust



MedlinePlus.gov

The screenshot shows the MedlinePlus.gov website. At the top is the NIH U.S. National Library of Medicine logo and a search bar. Below the search bar are navigation links for Health Topics, Drugs & Supplements, Videos & Tools, and a Spanish language option. The main content area is divided into several sections: Health Topics (with an apple icon), Drugs & Supplements (with a pill icon), Videos & Tools (with a play button icon), Medical Encyclopedia (with a book icon), and a Medical Dictionary from Merriam-Webster. There is also a section for Today's Health News with links to articles about colon cancer, smoking, and insomnia. A Stay Connected section offers email updates. A featured article about Zika Virus is highlighted with a photo of a person at a laptop. At the bottom, there are links for Easy-to-Read Materials, Organizations and Directories, Health Information in Multiple Languages, and MedlinePlus Connect for EHRs. The footer contains disclaimers, copyright information, and the page's last update date.

NIH U.S. National Library of Medicine

MedlinePlus®
Trusted Health Information for You

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Health Topics Drugs & Supplements Videos & Tools **Español**

Health Topics
Find information on health, wellness, disorders and conditions

Drugs & Supplements
Learn about prescription drugs, over-the-counter medicines, herbs, and supplements

Videos & Tools
Discover tutorials, health and surgery videos, games, and quizzes

Medical Encyclopedia
Articles and images for diseases, symptoms, tests, treatments

Medical Dictionary from Merriam-Webster
Look up in Dictionary

Today's Health News
Elderly with Advanced Colon Cancer Often Get Costly, Dubious Treatments
Mom's Smoking May Put Kids at Higher Risk of COPD in Adulthood
The High Price of Untreated Insomnia
[More health news](#)

Clinical Trials
Search [ClinicalTrials.gov](#) for drug and treatment studies.

Stay Connected
Sign up for MedlinePlus email updates

NIH MedlinePlus Magazine
Read the latest issue

What is Zika Virus?
Get the basics and learn more on our new Zika Virus page.

1 2 3 4 II

Easy-to-Read Materials **Organizations and Directories** **Health Information in Multiple Languages** **MedlinePlus Connect for EHRs**

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U.S. National Library of Medicine 8600 Rockville Pike, Bethesda, MD 20894 U.S. Department of Health and Human Services National Institutes of Health FOIA USA.gov

Page last updated on 11 March 2016 URL for this page: <https://medlineplus.gov>

- Reliable, authoritative
- Consumer-friendly
- No ads
- Updated daily
- Strict quality guidelines
- English and Spanish
- Links to information in >45 languages
- Multimedia, news, images, encyclopedia, tutorials and more...

MedlinePlus: Topics of Interest

- Asthma
- Attention Deficit Hyperactivity Disorder
- Autism
- Caregivers
- Child Dental Health
- Child Safety
- Disaster Preparation and Recovery
- Drugs and Young People
- Ergonomics
- Exercise for Children
- Family History
- Flu
- Food Safety
- Gay, Lesbian, Bisexual and Transgender Health
- Genetic Counseling
- Health Insurance
- Homeless Health Concerns
- Internet Safety
- Lice
- Mobility Aids/Ambulation Devices
- Motor Vehicle Safety
- Nutrition
- Occupational Health
- Parenting
- Personal Health Records
- Pet Health
- Sexual Health
- Social/Family Issues
- Sports Injuries
- Stress
- Winter Weather Emergencies



GO

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[Health Topics](#)

[Drugs & Supplements](#)

[Videos & Tools](#)

[Español](#)

[Home](#) → [About MedlinePlus](#) → Information for Librarians and Trainers

Information for Librarians and Trainers



The goal of MedlinePlus is to bring appropriate, authoritative health information to those who need it. We appreciate your efforts in training people on how to use MedlinePlus. Here are some training resources which might help you with your classes and health fairs.

Resources for Teaching MedlinePlus

MedlinePlus Tour

- MedlinePlus Tour in [English](#) and [Spanish](#) - A narrated tour of the main features of MedlinePlus. The video runs about 2.5 minutes.

MedlinePlus Brochures

- MedlinePlus PDF Brochure - in [English](#) (updated May 2015) and [Spanish](#) (updated May 2015)
- [MedlinePlus for Health Professionals](#) PDF Brochure (updated July 2015)
- [MedlinePlus Connect](#) PDF Brochure (updated June 2014)
- [MedlinePlus XML Data Sources](#) PDF Brochure (updated December 2013)

About MedlinePlus

[URL](#) for MedlinePlus Information for Trainers

MedlinePlus Magazine

A quarterly publication of
the Friends of the National
Library of Medicine.

Get a *free* subscription!

Organizations can order in
bulk

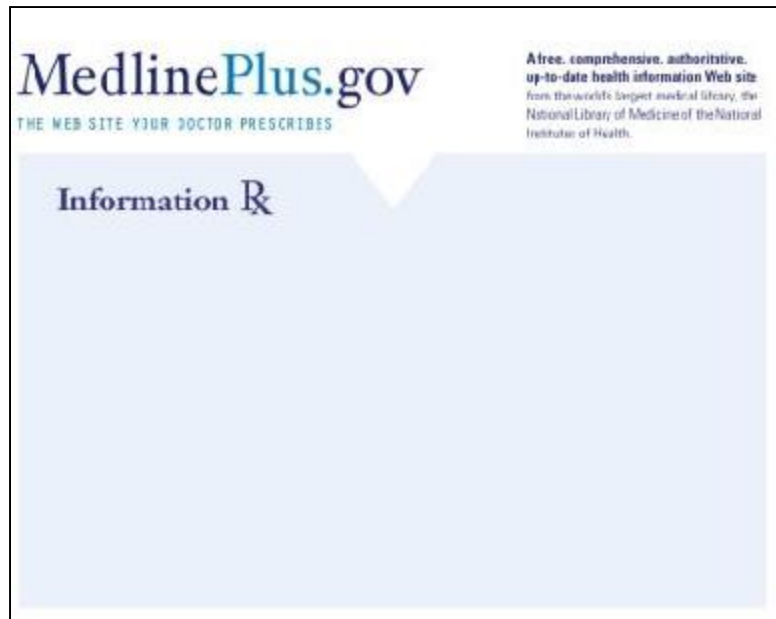
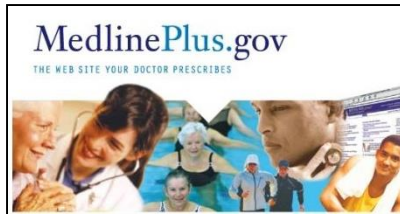


[URL](#) for MedlinePlus Magazine

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InformationRx.org



[URL](http://InformationRx.org) for Information Rx MedlinePlus Orders

NIH SeniorHealth

Built with You in Mind



Resize Text: [A](#) [A](#) [A](#) [Change Contrast](#)

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Health and wellness information for older adults from the National Institutes of Health.

Health Topics by First Letter

[A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#)

Categories

- [Bones and Joints](#)
- [Cancer](#)
- [Diseases and Conditions](#)
- [Healthy Aging](#)
- [Heart and Lungs](#)
- [Memory and Mental Health](#)
- [Treatments and Therapies](#)
- [Vision and Hearing](#)
- [All Topics A-Z](#)

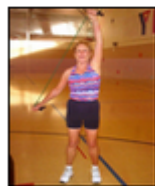
Featured Topic



[Bladder Health](#)

Exercise Stories

People of all ages and physical conditions benefit from exercise and physical activity. These [exercise stories](#) feature older adults and the diverse activities they enjoy.



Health Videos

Many of our health topics feature short videos that complement the information in the topic. The [health videos](#) offer up-to-date medical information, tips for healthy living, and inspiring stories of older adults who are coping with diseases or conditions of aging.





<http://medlineplus.gov/>

Access patient-oriented online information on over 950 health topics. Click the **green button** for **Drugs & Supplements** or search by drug name or disease. Other topics include: Drug Safety, Vitamins, Over the Counter Medicines, Pain Relievers, and Herbal Medicine.

Dietary Supplement Label Database

<http://dslid.nlm.nih.gov/>

This new label database includes information from 17,000 dietary supplement products marketed in the U.S. and includes product information, supplement facts, and ingredients.

LactMed

<http://lactmed.nlm.nih.gov/>

The Drugs and Lactation Database (LactMed) contains over 1000 drugs, supplements and herbs to which breastfeeding mothers may be exposed. Included is information on levels of substances in breast milk and infant blood, possible effects on nursing infants, potential alternate drugs, and additional resources.

Pillbox

<http://pillbox.nlm.nih.gov/>

Quickly identify unknown drugs by color, shape, size, imprint, and scoring. Nearly 11,800 pill images are available.

TOXNET

Toxicology Data Network

<http://toxnet.nlm.nih.gov/>

Search databases on hazardous chemicals, toxic releases and environmental health, including LactMed and:

- **ChemIDplus** – *Chemical Identification/Dictionary* providing information on structure, property and chemical toxicity
- **HSDB** – *Hazardous Substances Data Bank* with biological and physical data including animal/human toxicity studies
- **DART** – *Developmental and Reproductive Toxicology* literature and
- **TOXLINE** – *Toxicology Literature Online*, with citations from toxicological journals including those in PubMed

Drug Information from the NLM

For more information, visit:

<http://www.nlm.nih.gov/learn-about-drugs.html>

The National Network of Libraries of Medicine® (NN/LM), an outreach program of NLM™, provides assistance and training nationwide. To find a local library, please call 800-338-7667 or go to <http://nnlm.gov/members>

Funded under Contract No. HHS-N-276-2011-00005-C with the University of Illinois at Chicago and awarded by the DHHS, NIH, National Library of Medicine. This resource is freely available at: <http://nnlm.gov/training/resources/drugstri.pdf>
Reviewed: November 2013



U.S. National Library of Medicine

All About Drugs @ NLM

The U.S. National Library of Medicine® (NLM) provides a variety of informational databases on drugs and herbal supplements.

Portals – search across multiple databases

- **Drug Information Portal** – search across most NLM databases
- **TOXNET** – focus on toxic chemicals

Labels Databases

- **DailyMed** – FDA approved drug labels
- **Dietary Supplement Label Database**

Additional Drug Information Sources

- **AIDSinfo** – AIDs drugs and vaccines
- **Clinical Trials** – Drugs in clinical trials
- **LactMed** – Drugs affecting lactating mothers and breastfed infants
- **LiverTox** – Drug-induced liver injury cases
- **MedlinePlus** – For patients and families
- **Pillbox** – Pill identifier
- **PubChem** – Chemical information including components of drugs
- **PubMed** – Article citations
- **RxNorm** – Drug name listing

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A A A



Search

[Advanced Search](#)

--Select Language

☒ Documents ☒ Audio ☒ Videos

What's New

- ✓ [Facts about Methamphetamine](#)
(English, Arabic, Burmese, Dari, Farsi, Karen, Kinyarwanda, Nepali, Swahili)
- ✓ [What Is Addiction?](#)
(English, Arabic, Burmese, Dari, Farsi, Karen, Kinyarwanda, Nepali, Swahili)
- ✓ [Facts about Marijuana](#)
(English, Arabic, Burmese, Dari, Farsi, Karen, Kinyarwanda, Nepali, Swahili)




Featured Resources

✓ [Zika resources](#) **New!**

[View All](#)

Tweets by @NLM_HealthReach

 **HealthReach**
@NLM_HealthReach
Excellent resource on staying healthy
available in 14 languages!
healthreach.nlm.nih.gov/DocumentProper...

23 Jun

 HealthReach Retweeted

 **NIH ODS**
@NIH_ODS



**Multicultural
Information**



**Refugee Health
Information**

[URL](#) for HealthReach

EXHIBITION PROGRAM

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SEARCH



imagine history! reimagine your world

 search exhibitions: explore, discover, enjoy!

explore our exhibitions



book a traveling exhibition



find an educational resource



curious? take a look



The Exhibition Program creates lively and informative exhibitions and educational resources that enhance awareness of and appreciation for the collections of the National Library of Medicine. Explore. Discover. Enjoy.

[URL](#) for NLM Exhibition Program



For All the People

A CENTURY OF CITIZEN ACTION IN HEALTH CARE REFORM

Health care reform has been a contentious political issue in the United States for more than a hundred years.

—EXPLORE THE EXHIBITION—

HEALTH
CARE
IS OUR
RIGHT!

FIND EDUCATIONAL RESOURCES



BOOK THE TRAVELING EXHIBITION

[URL](#) for For All the People: A Century of Citizen Action in Health Care Reform

MICROBES—tiny organisms too small to be seen with the naked eye—have altered human history. Life forms such as bacteria, yeasts, and molds can cause sickness or restore health, and help produce foods and beverages.

Scientists, in partnership with industry, have developed techniques to harness...

[CONTINUE to INTRODUCTION](#)



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[TRAVELING INFO](#)

LEARN more



How did they make insulin from recombinant DNA?

[FIND OUT](#) +

SEE the digital gallery



BOOK the traveling exhibition



HARRY POTTER'S WORLD

RENAISSANCE SCIENCE, MAGIC, AND MEDICINE

[HOME](#)[EXHIBITION](#)[EDUCATION RESOURCES](#)[TRAVELING INFORMATION](#)[EXHIBITION PROGRAM](#)

“There was a lot more to magic,
as Harry quickly found out,
than waving your wand
and saying a few funny words.”

— *Harry Potter and the Philosopher's Stone*,
J. K. Rowling



Illustration of an owl
Konrad Gesner,
Historiae Animalium, 1551



EXHIBITION



EDUCATION RESOURCES



TRAVELING INFORMATION



[URL](#) for Harry Potter's World: Renaissance, Science, Magic, and Medicine

MAR Training



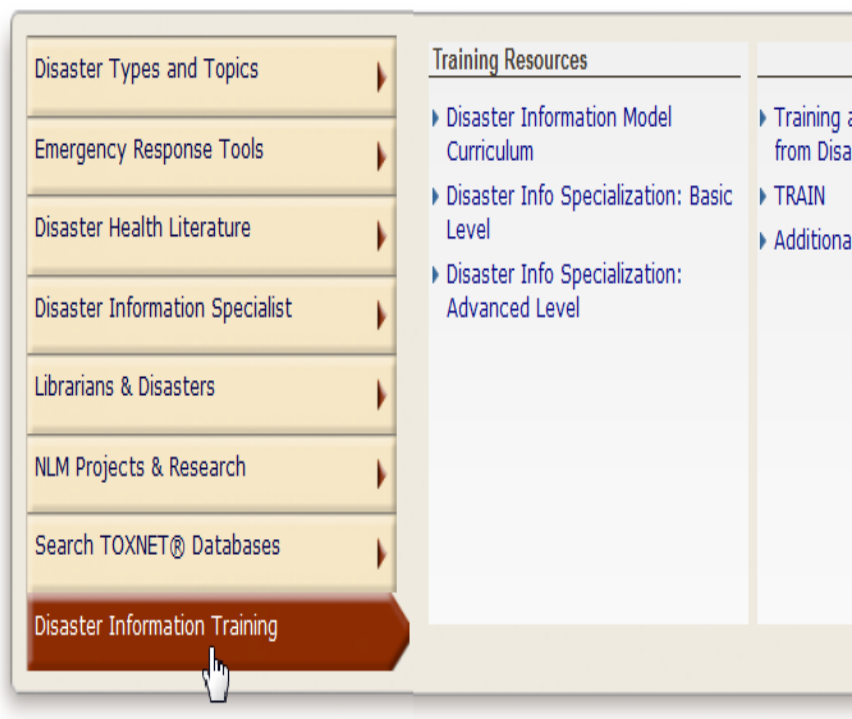
Meeting Member Needs

Meeting our members needs by:

- Adapting classes for:
 - the audience
 - special organizations or groups
- Request classes for your organization
 - in-person (limited)
 - online
- Offering classes to meet certification requirements

[Contact](#) us

MLA Disaster Specialization



Description: The Medical Library Association (MLA) and National Library of Medicine (NLM) have joined together to offer a Disaster Information Specialization Program.

- Basic- 5 courses/15 hours
- Advanced - +12 hours

Audience: Librarians, Information Professionals in any setting, First Responders, Health Professionals, Public Health Workers, Emergency Managers, Community Volunteers

[URL](#) to Disaster Specialization

MLA CHIS Classes



MEDICAL LIBRARY
ASSOCIATION

The Medical Letter
Objective Drug Reviews Since 1959

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for 30 Days FREE*

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[Continuing Education \(CE\)](#)



[AHIP Credentialing](#)

[Specializations](#)



[Mentoring](#)

[Research Imperative](#)

[Grants and Scholarships](#)

[Career Center](#)

Consumer Health Information Specialization

The Consumer Health Information Specialization (CHIS) will help you keep current in the consumer health information field and obtain an additional, recognized level of expertise. MLA hours earned through the CHIS program may be used for credit in MLA's [Academy of Health Information Professionals](#).

CHIS can help advance the careers of:

- medical librarians
- public librarians
- librarians working in consumer health libraries
- allied health professionals

See a list of current [CHIS recipients](#).

Level 1: Completion of 12 hours approved course or activities focusing on consumer health


Level 2: Completion of 24 hours approved course or activities focusing on consumer health

\$75.00

NOTE: You have three years to gather the hours needed, ending with the date you submit your materials. The specialization is valid for three years and may be renewed.

[URL](#) for MLA CHIS

NN/LM MAR Training Page cont.

**NATIONAL NETWORK OF
Libraries of Medicine**

Middle Atlantic Region

Google™ Custom Search


HomeMembership »Libraries »Health Professionals »K-12 Professionals »Consumer Health »**Training & Education »**Funding »

Related Pages

- » [Training & Education](#)
- » [Calendar](#)
- » [Upcoming Classes](#)
- » [Educational and Printed Materials](#)
- » [Presentations](#)
- » [Tutorials from National Training Center](#)
- » [Tutorials from National Library of Medicine](#)
- » [MAR Registration Form](#)

Training & Education

NN/LM MAR provides training on National Library of Medicine (NLM) resources and other topics of interest to our members.



Free Online Webinars

Boost Box (monthly)

- What: Boost your knowledge of NLM products or other health information topics
- CEs Offered: 1 MLA CE per session
- When: 2nd Tuesday of each month / Noon - 1 pm ET
- Where: <https://webmeeting.nih.gov/boost2/>
- [Schedule](#) and [Archives](#)


Lunch with the RML (monthly)

- What: Share experiences and ideas with MAR staff and Network members
- When: Last Thursday of each month / Noon - 1 pm (ET)
- Where: <https://webmeeting.nih.gov/lunch2/>
- [Schedule](#) and [Archives](#)


[URL](#) for NN/LM MAR Training Page

NN/LM MAR Training Page


***TechTime* (quarterly)**

- **What:** Learn about technology issues and trends impacting your organization
- **CEs Offered:** 1 MLA CE per session
- **When:** Quarterly
- **Where:** <https://webmeeting.nih.gov/techtime2/> 
- [Schedule](#) and [Archives](#)

Training and Outreach

- [Upcoming classes](#) offered through MAR and the National Training Center (NTC)
- [MAR class descriptions](#) (LibGuide) for classes to be offered through April 2016
- [MAR activities](#) such as site visits, classes, and exhibits
- [Free Tutorials](#) from the National Training Center (NTC)
- [Free Tutorials](#)  from the National Library of Medicine (NLM)


Request Training

- NN/LM MAR staff provide no-cost training sessions on health information resources, with an emphasis on free resources from the National Library of Medicine (NLM)
- If you are interested in having an NN/LM MAR staff member speak to your professional or consumer group, please contact nnlm-mar@pitt.edu 

Provide Training

- Access and order [educational and printed materials](#) to assist with your training on NLM resources

Future Training


- Keep informed about upcoming training sessions by joining our [listserv](#)  with weekly announcements

NN/LM MAR - Class Descriptions

Home Academic Libraries Consumer Health Health Professionals Hospital Libraries Public Libraries Disaster Health Information
K-12 Professionals

Home Print Page Search: This Guide Search

New Class Offerings



Look for **APLS** to see NN/LM MAR classes added in 2015-2016.

Comments (0)


Class Offering Links


Academic Libraries
Consumer Health
Disaster Health Information
Health Professionals
Hospital Libraries
K-12 Professionals
Public Libraries


Comments (0)


NN/LM MAR Class Descriptions


Click on the link or image below for descriptions of classes offered by National Network of Libraries of Medicine (NN/LM MAR) staff.


Academic Libraries 


Hospital Libraries 

Public Libraries 

Health Professionals 

Consumer Health 

Disaster Health Information 

K-12 Professionals 

NN/LM MAR Upcoming Training

Click on the links below to view training opportunities.

- NN/LM MAR Webinar Series
- Class Schedule

Comments (0)

Stay Connected with NN/LM MAR

- MAR-L Listserv - Subscribe to weekly announcements to keep aware of breaking developments from NLM, funding opportunities, and other important information
- The MAReport - quarterly newsletter for the NN/LM Middle Atlantic Region
- MARquee News Blog - announcements, upcoming events, technology tips, etc.

[URL](#) for MAR Class Descriptions

Health Issues in the Headlines: Learning to Read Between the Lines



Description: Participants will learn about how health is reported in the news as well as how to evaluate the accuracy and validity of science and health stories.

Audience: Public Library Staff, K-12 Educators, Health Professionals and others who work with consumers.

MLA CE's: 1, 2 or 4

[URL](#) for NN/LM class page

From A(norexia) to Z(its): Providing Health Information to Teens



Description: Participants will learn about the health information needs of teenagers and age appropriate reliable resources.

Audience: Public Library Staff; Secondary School Library Staff; K-12 Educators, Health Professionals and others who work with teenagers.

MLA CE's: 3

[URL](#) for NN/LM class page

Building Collections and Connections for LGBT Health Awareness: improving the health, safety, and well-being of lesbian, gay, bisexual and transgender persons



Description: Participants will develop a better understanding of the health information needs of the LGBT community.

Audience: Public Library Staff, K-12 Educators, Health Professionals and others who work with consumers.

MLA CE's: 1-4

Image source: By Caremate (Own work) [[CC BY-SA 3.0](#)], via Wikimedia Commons

Health on the Range: Rural Health Issues and Resources



Description: Participants will learn about the unique nature of rural areas and the health information needs of providers and residents

Audience: Library Staff and Health Professionals
MLA CE's: 2

[URL](#) for NN/LM class page

Grants and Proposal Writing



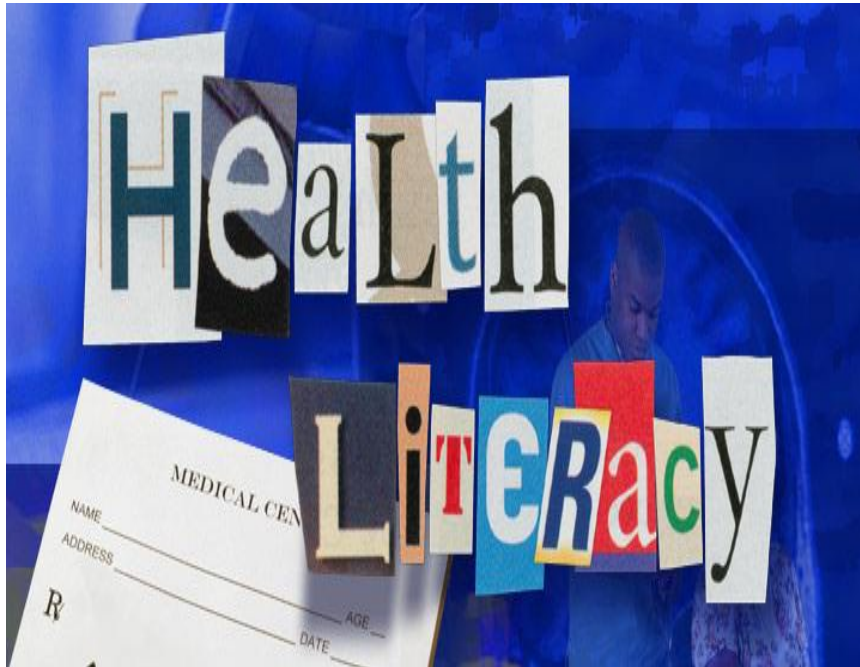
Description: Designed for beginning grant proposal writers, this class presents a general overview of the grant and funding processes as well as the level of detail required in a successful proposal.

Audience: Everyone who does outreach

MLA CE's: 1-4

[URL](#) for NN/LM class page

Health Literacy: Its Importance to You



Description: Are you curious as to why health literacy is important to you or anyone in the healthcare field? This introductory hands-on class will help you understand why this is an issue in healthcare.

Audience: Healthcare Professionals, Library Staff, Community Leaders, General Public or anyone who provides health information

MLA CE's: 2

[URL](#) to NN/LM class page

Food for Thought: Exploring Nutrition Resources



Description: This class is designed to introduce you to and help you locate authoritative information on nutrition and topics relating to nutrition.

Audience: Library Staff, Public Health Workers, Health Professionals and anyone interested in health & wellness

MLA CE's: 3 OR 4

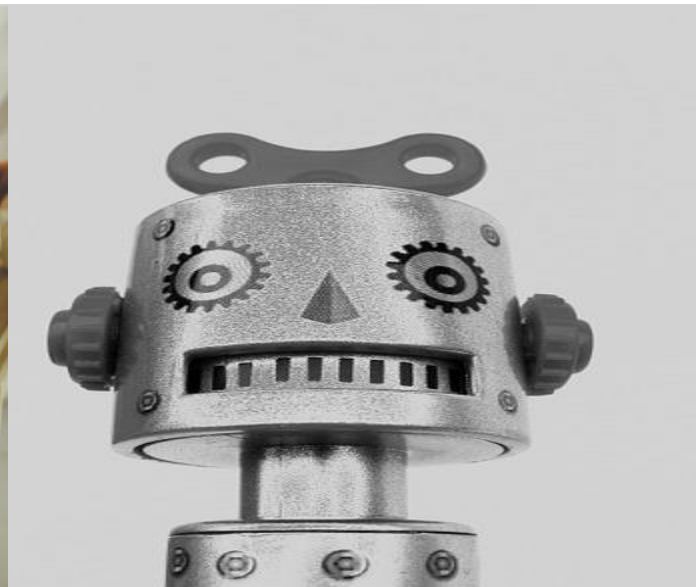
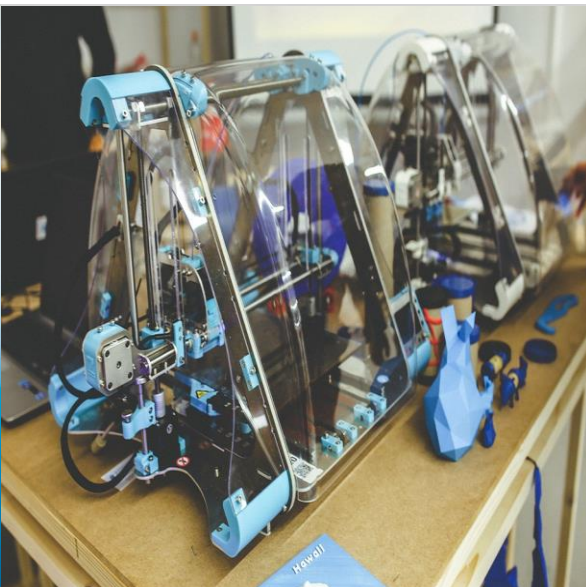
[URL](#) to NN/LM class page

Upcoming Class Offerings



Tech Time (Quarterly): Not Just for Geeks

Devices here... devices there... smart devices everywhere! Virtual Reality, 3D Printing, Smart Robots, Driverless Vehicles, Wearable Technology. If you are a gadget king or queen or just love learning about new technology, join us for an exciting stroll through technology land where we will examine some of these popular technologies in the news today. In this presentation, we will explore fun and creative ways that libraries are leveraging some of the latest, greatest, popular technology to provide outreach to the people they serve!



[URL](#) for Tech Time Schedule – April 26, 2016 2:00 – 3:00 pm

NLM's Online Playground: K-12 Science and Health Education Resources (Middle/High School)



Description: This class focuses on introducing participants to the free K-12 science and health resources from the National Library of Medicine.

Audience: K-12 Educators and Health Professionals, Public Library Staff, and others who work with K-12 populations.

MLA CE's: 1, 2, 3 or 8

URL for NN/LM class page

April 27, 2016 4:00-5:00 pm

Geeks Bearing Gifts: Unwrapping New Technology Trends in 2016



Description: Designed to provide a fun, fast-paced, and informative introduction to and update on today's hottest emerging technologies and trends. Students will be able to identify technology trends and understand how these trends will impact or can be integrated into traditional library services.

Audience: Anyone who is interested in learning new technology

MLA CE's: 4

[URL](#) for NN/LM class page

Health Promotion in Your Community (April 2016)



Description: This class will provide participants with an introduction on how to incorporate National Library of Medicine and other reliable resources into health promotion, outreach and programming for consumers of all ages.

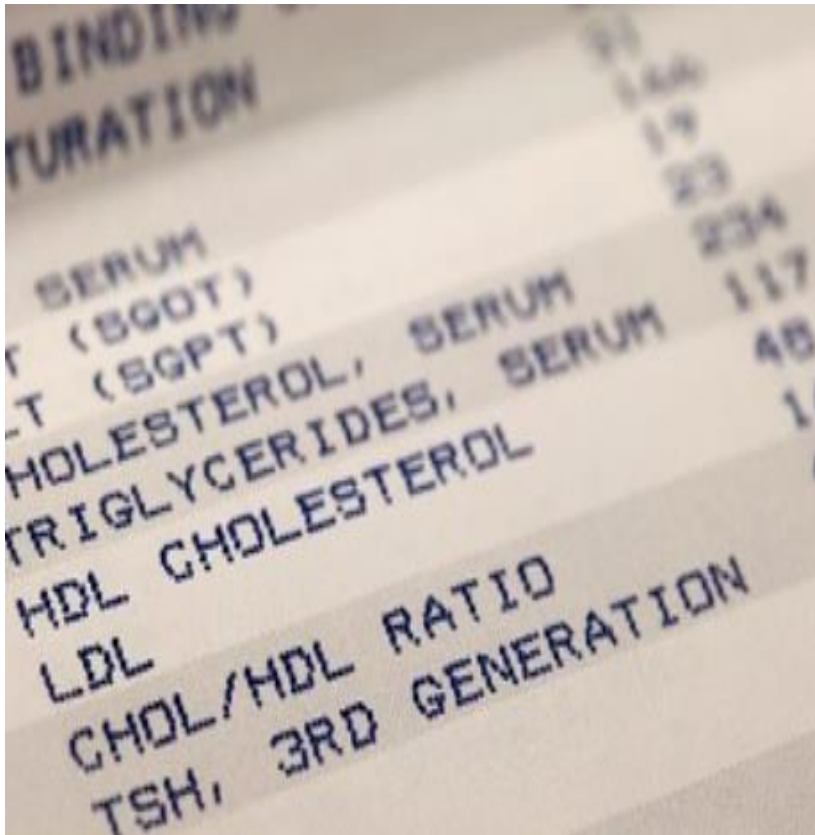
Audience: Public Libraries and others who provide programming for consumers.

MLA CE's: TBD

Tentative date of April 25, 2016

Making Data Talk

(Class In Development)



Description: Class will be based upon National Cancer Institutes program of making health data understandable to the public.

Audience: librarians, general public, anyone new to understanding health data.

MLA CE's: TBD


Will be offered sometime at the end of April 2016.

[Home](#)
[Adult/General Resources](#)
[Genetics Resources](#)
[Careers in Health Professions](#)
[Forensics and Medical Technology](#)
[Environmental Health and Chemistry](#)
[Multiple Language Health Resources](#)
[Health Programming](#)
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This Guide




Summer Reading 2016: Get Ready, Get Set!!





Let NN/LM MAR help as you gear up for **Summer Reading 2016!!** Watch recordings of the February 2016 and March 2016 Boost Box Sessions to learn about freely available health information resources from the National Library of Medicine and other reliable agencies that can be turned into fun ideas/activities for your Summer Reading 2016 program.


Listen to recordings of the webinars on the **NN/LM MAR Boost Box Archives** page.


Access Summer Reading resources and materials on the **NN/LM MAR Health Outreach and Programming** resource guide.

(Add / Edit Text )

 NNLM MAR Summer Reading 2016 Webinar Descriptions  

 NN/LM MAR Summer Reading Resources Highlights 2016  

 Add New Document | Reorder Documents

Welcome to NN/LM MAR Information for Public Libraries


The National Library of Medicine (NLM) Provides freely available resources on a variety of topics for use by Public Libraries to use in their communities. Locate resources by subject using the information compiled by the Consumer Health Coordinator at the National Network of Libraries of Medicine, Middle Atlantic Region (NN/LM MAR).

Highlighted Resources by Population/Topic:

[Adult/General/Senior Health](#)

[Health Resources for Teens](#)

[NLM's K-12 Resources](#)

[Consumer Health](#)


[Finding Health and Wellness @ the Library: A Consumer Health Toolkit for Library Staff 2nd edition](#)

[Affordable Care Act Information](#)

[Multicultural Health Resources](#)


[Health Resources in Multiple Languages](#)

If you have any questions or would like training on the resources listed, please contact NN/LM MAR via e-mail, nnlmmar@pitt.edu or via telephone (800) 338-7657.

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NN/LM MAR Consumer Health Coordinator


Lydia Collins

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200 Scaife Hall
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412.624.1411

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Links:

[Profile & Guides](#)

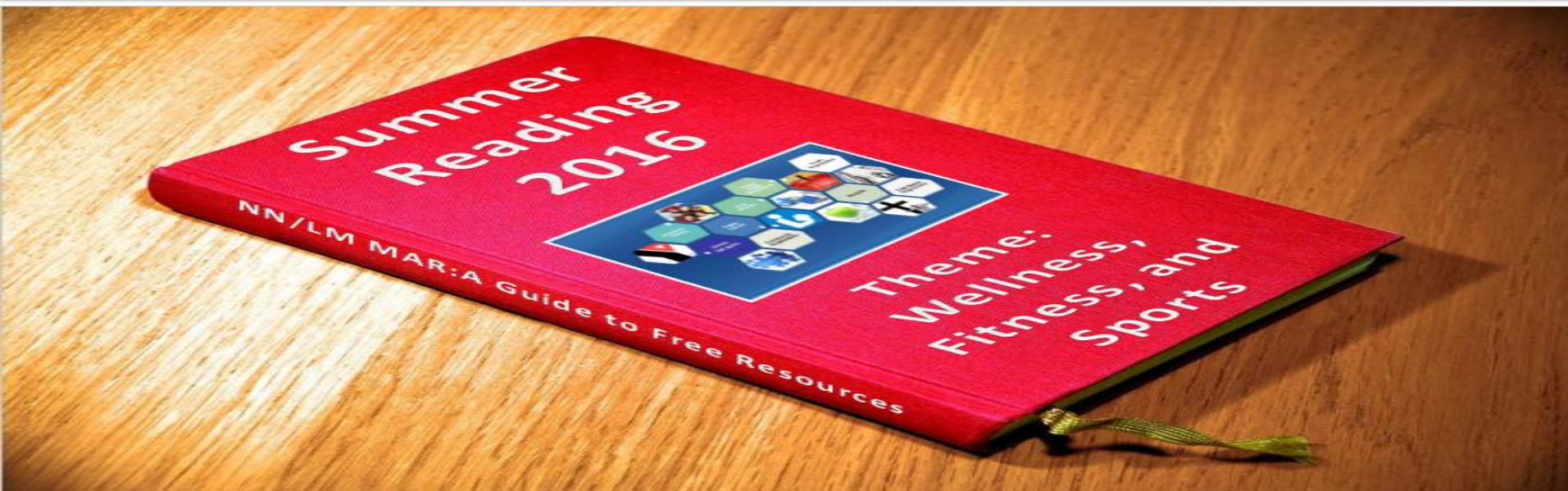
Subjects:

[Consumer Health K-12](#)
[Professionals Outreach Health](#)
[Literacy Outreach to Soliders, Veterans and Military Families](#)
[Outreach to Underrepresented and Minority Populations](#)
[Outreach to Seniors](#)

Of Interest to Public Libraries

[URL](#) for NN/LM MAR Outreach to Public Libraries and [URL](#) for NN/LM MAR Public Libraries Resource Guide

Boost Box: Summer Reading 2016



- Watch recordings of the February 2016 and March 2016 Boost Box Sessions to learn about freely available health information resources from the National Library of Medicine and other reliable agencies that can be turned into fun ideas/activities for your Summer Reading 2016 program.
- Listen to recordings of the webinars on the [NN/LM MAR Boost Box Archives](#) page.
- Access Summer Reading resources and materials on the [NN/LM MAR Health Outreach and Programming](#) resource guide.

For more information visit the [NN/LM MAR Public Libraries Resource Guide](#)

Create Games and Activities



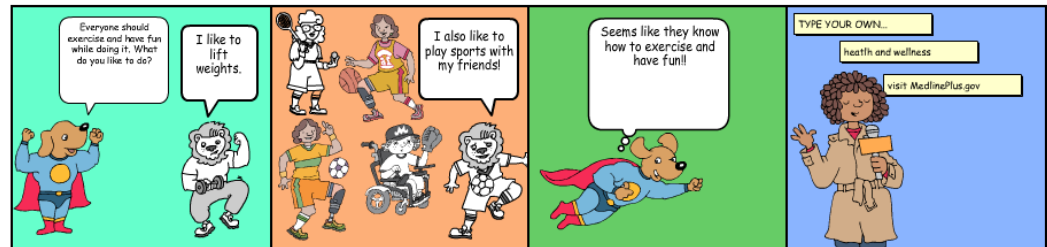
Mad Lib Gen

Unicorns can be a great way to get in shape or stay that way. Having a specific umbrella can be a great motivator. Reluctantly, you need strength and phone. Your training will vary with your sport. You would not train the same way for pole vaulting as for swimming. You might, however, cross train. Cross training simply means that you include a variety of dog activities in your program. Research shows that cross training builds stronger turtles. Remember to listen to your lion. If you frequently row exhausted or you are in push pin, you may be overdoing it. Injuries can be the result. And be sure that you use your fork and your equipment safely. What you eat and drink is also important. pen is the most important nutrient for active people. blink it before, during and after workouts. MedlinePlus Sports Fitness: <https://www.nlm.nih.gov/medlineplus/sportsfitness.html>

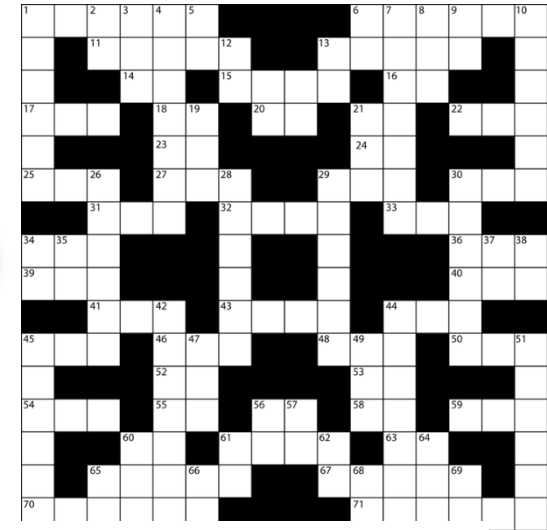
[Play Again](#)



Being Healthy Can Be Fun!!



This comic strip was created at MakeBeliefsComix.com. Go there to make one yourself!



L.N. Collins

[URL](#) for Puzzlemaker (Discovery Education) and [URL](#) for Printable Worksheets (The Teachers Corner) and [URL](#) for Mad Lib Generator (Project Labyrinth) and [URL](#) for MedlinePlus Sports Fitness Mad Lib (LNC-MAR) and [URL](#) for MakeBeliefscomix.com

**What's on
Your Plate?**

**5 Food
Groups**

**MyPlate
Puzzle**

**Physically
Fit**

**Name That
Nutrient**

**Fantastic
Fruits**

\$100

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FINAL JEOPARDY

JEOPARDY!



[URL](#) for Jeopardy Fitness & Nutrition Youth

NSTA Philadelphia Area Conference 2015 Presentation Information [edit](#)

Locate presentation information from the NSTA Philadelphia Area Conference 2015. The powerpoint versions of the slides are available by emailing lydia@pitt.edu.

(Add / Edit Text [✎](#))

[Encouraging Curiosity with NLM's Online Toy box: Free and Reliable Health and Science Resources for](#) [✂](#) [📄](#)
[Engage, Encourage, and Enable Health and Science Exploration through Literacy: Free Resources from t](#) [✂](#) [📄](#)

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School Librarian News [edit](#)

(Add / Edit Text [✎](#))

- Sense and Sensibility: Why Librarians Remain Essential to Our Schools (Huffington Post Blog) [✂](#) [📄](#)

[+ Add New Link](#)
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NLM and K-12 Professionals [edit](#)



Whether you work in a K-12 School, Community or Faith-Based Organization providing after school programming, NLM provides resources to help enrich your curriculum/program. The [National Library of Medicine \(NLM\)](#), the world's largest medical library and a component of the National Institutes of Health, produces a variety of web-based resources for use by K-12 health and science educators.

Educators are welcome to review and use the modules or lesson plans, in whole or in-part, for their students' interests, levels and academic goals. These [resources](#) are designed to engage students' interest in and foster their analysis of a variety of health and science related topics.

Locate online resources in the following topics:

[General Health and Biology](#)
[Forensics and Medical Technology](#)
[Genetics](#)
[Environmental Health and Chemistry](#)
[Careers in Health Professions](#)
[Health Resources for Teens](#)
[NN/LM MAR K-12 Health Professionals Resource Guide](#)

To request training on NLM resources for K-12 Professionals contact Lydia Collins at lydia@pitt.edu

[Subscribe](#) to the NLM Education Connection (Working with teachers and scientific experts to provide FREE reliable resources to help

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[Consumer Health](#)

MedlinePlus Magazine [edit](#)



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[Evidence-Based Practice](#)
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NLM Consumer Health Resources

National Library of Medicine
Consumer Health Resources

(Add / Edit Text)

- MedlinePlus
- NIHSeniorHealth
- Pillbox
- Drug Information Portal
- Genetics Home Reference
- NLM 4 Caregivers
- ClinicalTrials.gov



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Health Information Resources in Support of Healthy Schools

The National Library of Medicine (NLM) provides freely available and reliable resources on consumer health to be used by K-12 school health professionals.

If you have any questions or your organization would like training on the resources listed, please contact Lydia via e-mail, lydia@pitt.edu or via telephone (412) 624-1411.




(Add / Edit Text)

Enable Box Comments

Multiple Languages

[Edit mode is disabled for linked-box]

- MedlinePlus in Multiple Languages
- HealthReach
- Consumer Health in Multiple Languages

Comments (0) | Disable Box Comments

Health Resources for Kids and Teens

Mobile Health Resources

(Add / Edit Text)

- NLM Mobile Gallery
 View a list of mobile apps available from the National Library of Medicine.
- USA.gov Mobile Apps Gallery
 View the Health and Fitness category to locate relevant mobile apps.
- CDC Mobile Application
 The CDC Mobile app features important health articles, disease of the week, popular journals and more.
- VA Mobile Health Internet
 VA Mobile Health provides Apps for three distinct groups: Veterans, Family Caregivers and VA clinicians.
- Explore HHS Mobile Apps
 Locate descriptions of all 38 of the Dept of Health and Human Services endorsed

Resources for Caregivers

NLM and other health resources specifically for family caregivers.

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Subjects:

Lydia serves as the liaison to School Health Professionals in Pennsylvania.

URL for K-12 Health Professionals Resources

NN/LM MAR Funding

Types of Funding

Exhibitor

Professional Development

Health Information Awareness

Emergency Preparedness/Library Partnership
Technology Improvement

Medical Library Project

Outreach to Consumers

Outreach to Health Professionals



[URL](#) for Funding Information

Questions



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[URL](#) for NN/LM MAR

